

name	city	zip	phone	Website
Bollywood Tandoori	Aberdeen	AB11 6E	01224 587700	www.bollywoodtandoori.com
Dyce Tandoori	Aberdeen	AB21 9J	01224 710303	www.dycetandoori.co.uk
Light of Bengal	Aberdeen	AB11 6J	644963	www.lightofbengal.com
Monsoona	Aberdeen	AB11 6J	01224 590030	www.monsoona.co.uk
Dil Raj	Abingdon	OX14 5A	01235 524722	www.dilrajabingdon.co.uk
Vine and Spice	Abingdon	OX14 4C	01865 409900	www.thevineandspice.co.uk
Balti Stan Indian	Accrington	BB5 5HI	01254 871700	www.baltistan.co.uk
Planet Spice	Addington	CR2 8JT	020 8651 3300	www.planet-spice.com
Cardamom	Alcester	B49 5DF	01789 765 859	www.cardamomindiancuisine.com
Regards	Aldrige	WS9 8P	01922 744 500	www.regardsrestaurant.com
Double Tree	Altrincham	WA14 2L	0161 233 0888	www.doubletreealtrincham.co.uk
Mhariam	Altrincham	WA15 7L	0161 904 0777	www.mhariam.co.uk
Red Pepper	Alwoodley	LS21 3A	0113 230 1101	www.redpepperrestaurants.co.uk
Coriander	Amersham	HP6 5AZ	01494 726370	www.thecoriander.com
Saffron	Arbroath	DD11 1M	01241 437737	www.saffroncuisine.co.uk
Holy Cow	Archway	N19 5QU	0207 263 7007	www.holycowonline.com
Arden Tandoori	Arden	B95 5AU	01564 792503	www.ardentandoori.co.uk
Little India	Arnesby	LE8 5W	0116 2478251	www.LittleIndia-Arnesby.biz
Everest Inn	Ashford	TN23 1F	01233 643643	www.everestinn.co.uk
Indian Ocean	Ashton Under	OL6 6QL	0161 343 3343	www.indianocean.co.uk
Bengal Blue	Aylesbury	HP21 7S	01296 422122	www.bengalblue.co.uk
Desire	Aylesbury	HP20 2J	01296 482888	www.desirerestaurant.co.uk
El Halal Tandoori Hou	Aylesbury	HP20 1F	01296 484454	www.el-halal.co.uk
Kashmir Gardens	Aylesbury	HP20 1F	01296 415644	www.kashmiringardens.co.uk
Mela	Aylesbury	HP22 5L	01296 630110	www.melarestaurants.co.uk
Prince of India	Aylesbury	HP22 6J	01296 623233	www.prince-of-india.co.uk
Rupee Room	Ayr	KA7 1HI	01292 283002	www.therupeeroom.com
Holy Cow	Balham	SW12 9L	020 8673 8000	www.holycowonline.com
Himalaya Spice	Barbican	PL1 2NA	01752 252 211	www.himalayanspice.net
Raj of Blackdam	Basingstoke	RG21 3E	01256 818450	www.rajofblackdam.co.uk
Redfort Tandoori	Basingstoke	RG25 3H	01256 770544	www.redfortrestaurant.com
Spice	Basingstoke	RG22 5H	01256 354679	www.thespicebasingstoke.co.uk
Towers	Basingstoke	RG22 4E	01256 359551	www.towersrestaurant.com
Oasis	Batley	WF17 6L	01924 422202	www.oasisrestaurant.co.uk
Holy Cow	Battersea	SW11 4L	020 7498 2000	www.holycowonline.com
Indian Moment	Battersea	SW11 1L	020 7223 6575	www.indianmoment.co.uk
Khans Battersea	Battersea	SW11 5L	0207 978 4455	www.thekhan.co.uk
Blue Ginger	Bedford	MK42 8L	01234 856800	www.bluegingerbedford.co.uk
Blue Indiya	Bedford	MK43 0L	01234 752400	www.blueindiya.co.uk
Choudhury	Bedford	MK40 2L	01234 356162	www.choudhuryrestaurant.co.uk
Desi Spice	Bedford	MK40 2L	01234 328237	www.deshi-spice.com
Indian Summer	Bedford	MK40 2L	01234 862917	www.indiansummerbedford.co.uk

Jalori	Bedford	MK17 8F	01908 281226	www.jalori.co.uk
Mem Saab	Bedford	MK40 2F	01234 344440	www.mem-saab.com
New Bombay	Bedford	MK40 2S	01234 218218	www.newbombay.co.uk
Ganesha	Bedminster	BS3 4HS	0117 953 3990	www.ganeshaindiancuisine.com
Baltizer	Bexley	DA5 1LA	01322 551122	www.baltizer.co.uk
Royal Balti	Bolton	BL4 7NY	01204 573515	www.royalbaltihouse.co.uk
Bilash	Botley	OX2)LV	01865 722527	www.bilash.com
Coriander	Bourne End	SL8 5SS	01628 522 734	www.thecoriander.com
Akbar Balti	Bradford	BD3 8LF	01274 773311	www.akbars.co.uk
Akbars	Bradford	BD3 8LF	01274 773 311	www.akbars.co.uk
International	Bradford	BD7 1BA	01274 721449	www.internationalrestaurant.co.uk
Lahore Cafe Bar	Bradford	BD7 1AI	01274 308508	www.lahorecafebar.co.uk
Lahore Delibar	Bradford	BD7 1Q	01274 521732	www.mylahore.co.uk
Mumtaz Food	Bradford	BD7 3HS	01274 571861	www.mumtaz.co.uk
Prasad Veg	Bradford	BD7 2D	01274 575893	www.prashad.co.uk
Zouk	Bradford	BD3 8LF	01274 258 025	www.zoukteabar.co.uk
Emperor of India	Bray Wick	SL6 1UZ	01628 624100	www.emperorofindia.co.uk
Emperor of India	Bray Wick	SL6 1UZ	01628 624100	www.emperorofindia.co.uk
Zeera	Brecon	LD3 7LT	01874 610746	www.zeera-restaurant.co.uk
Chilli Pickle	Brighton	BN1 1HI	01273 323 824	www.thechillipickle.com
Eastern Eye	Brighton	BN1 4JE	01273 685 151	www.easterneyerrestaurant.co.uk
Nooris	Brighton	BN1 1AI	01273 329405	www.noorisbrighton.co.uk
Bristol Sweet Mart	Bristol	BS5 6JH	0117 9512257	www.sweetmart.co.uk
Curry House	Bristol	BS4 3EU	0117 9779090	www.curryhouse-bristol.co.uk
Oh Calcutta	Bristol	BS6 5Q	0117 924 0458	www.ohcalcutta.co.uk
Old India	Bristol	BS1 1TL	0117 9221136	www.oldindia.co.uk
Omars	Bristol	BS7 0BI	0117 969 3005	www.omarbristol.co.uk
Raj Bari	Bristol	BS8 4SA	0117 922 7617	www.rajbaribristol.co.uk
Raj Tandoori	Bristol	BS1 4DZ	0117 9291132	www.raj-bristol.co.uk
Rajdoot Tandoori	Bristol	BS1 5PJ	9268033	www.rajdoot.co.uk
Cinnamon Culture	Bromley	BR1 3PA	0208 289 0322	www.cinnamonculture.com
Ginger	Bromley	BR2 7EJ	020 8462 76112	www.gingerindiancuisine.co.uk
Tamasha	Bromley	BR1 3AX	0208 4603240	www.tamasha.co.uk
Tamasha	Bromley	BR1 3A	020 8460 3240	www.tamasha.co.uk
Coriander	Buckhurst Hill	IG9 5ES	0208 504 2671	www.thecoriander.com
Spice of Bengal	Calne	SN11 0L	01249 811833	www.spiceofbengal.co.uk
Arjuna Whole Foods	Cambridge		01223 364845	www.arjunawholefoods.co.uk
Culcutta Club	Cambridge	CB1 2AS	01727 893 097	www.calcutta-club.co.uk
Pipasha	Cambridge	CB5 8PA	01223 577 786	www.pipasha-restaurant.co.uk
Ancient Raj	Canterbury	CT2 7EE	01227 455882	www.ancient-raj.com
Shapla	Canvey Island	SS8 7AT	01268 684324	www.takeaways.net/shapla/
Cinnamon House	Cardiff	CF3 2TN	01633 689 082	www.thecinnamontree.co.uk
Cinnamon Tree	Cardiff	CF11 9D	029 20374433	www.thecinnamontree.co.uk

Juboraj Heol	Cardiff	CF14 6H	029 20628894	www.juborajgroup.com
Juboraj Lake	Cardiff	CF23 5F	2045 5123	www.juborajgroup.com
Juboraj Mill	Cardiff	CF10 1F	029 20377668	www.juborajgroup.com
Mango House	Cardiff	CF10 1D	02920 232266	www.mangothouse.co.uk
Mint and Mustard	Cardiff	CF14 3L	02920 620333	www.mintandmustard.com
Mowglis	Cardiff	Cf24 4N	029 2034 3705	www.mowglis.co.uk
Spice Quarter	Cardiff	CF10 1F	029 20220075	www.spicequarter.co.uk
Star of Walse	Cardiff	CF5 1JN	029 2038 3222	www.starofwales.co.uk
Sangam	Cheadle	SK8 3B	0161 436 8809	www.sangam.co.uk
Seven Spices	Cheadle	SK8 5A	0161 485 4700	www.7spices.co.uk
Curry Corner Tandoori	Cheltenham	GL52 2E	01242 528449	www.thecurrycorner.co.uk
Indian Voojan	Cheltenham	GL50 1S	01242 228882	www.indianvoojan.co.uk
Prithvi	Cheltenham	GL53 7H	01242 226 229	www.prithvirestaurant.com
Spice Exchange	Cheltenham	GL50 3F	01242 237200	www.spice-exchange.co.uk
Bassmati	Chichester	PO20 3U	01243 543400	www.basmatigroup.co.uk
Sathi	Chorleywood	WD3 5L	01923 284 323	www.sathichorleywood.co.uk
Indian Rasoi	Cirencester	GL7 2A	01285 644 822	www.indianrasoi.org
Rajpoot	Clifton	BS8 2XF	01179 733515	www.rajpootrestaurant.co.uk
Jeera Codnor	Codnor	DE5 9Q		www.jeera.net
Maliks	Cookham	SL6 9SF	01628 520085	www.maliks.co.uk
Valley	Corbridge	NE46 3N	01434 633434	www.valleyrestaurants.co.uk
Bengal Brasserie	Coventry	CV7 7D	01676 533 883	www.bengal-brasserie.net
Royal Bengal	Coventry	CV5 6N	024 7671 2345	www.royal-bengal.co.uk
Turmeric Gold	Coventry	CV1 3B	024 7622 6603	www.turmericgold.co.uk
Cardamon	Cranleigh	GU6 8A	01483 277145	www.cardamonindian.co.uk
Taj Mahal	Crawley	RH10 1E	01293 529755	www.tajmahalcrawley.co.uk
Zari	Crawley	RH11 0D	01293 525107	www.zarirestaurant.co.uk
Jeera Crich	Crich	DE4 5D		www.jeera.net
Nibana	Crownhill	PL6 5A	01752 787001	www.nibana.co.uk
Bombay Dreams	Cumbernauld	G67 2PL	01236 451010	www.bombay-dreams.co.uk
Chandni Chawk	Dagenham	RM8 1Y	020 3222 2000	www.chandnichowkrestaurant.com
Green Spice	Dartford	DA2 8D	01474 708428	www.greenspice.net
Bengal Spice	Deeside	CH5 1U	01244 811090	www.bengal-spicefood.co.uk
Aagrah	Denby Dale	HD8 8S	01484 866266	www.aagrah.com
Anoki	Derby	DE1 2Q	01332 292888	www.anoki.co.uk
Masala Art	Derby	DE1 2S	01332 292629	www.masala-art.co.uk
Cafe Raj Tandoori	Didsbury		0161 446 1155	www.sangam.co.uk
Sangam	Didsbury	M20 2D	0161 446 1155	www.sangam.co.uk
Bay Leaf	Digbeth	B9 4AA	0121 224 7700	www.bayleaf-restaurant.co.uk
Bay Leaf	Digbeth	B9 4AA	0121 224 7700	www.bayleaf-restaurant.co.uk
Aagrah	Doncaster	DN6 7R	01302 728888	www.aagrah.com
Dulwich Tandoori	Dulwich	SE228H	020 82990192	www.dulwichtandoori.co.uk
Bombay Joe	Dundee	DD5 2B	01382 776448	www.bombayjoe.com

Gulistan House	Dundee	DD5 2HJ	01382 738844	www.gulistanhouse.com
Taza	Dundee	DD1 3JA	01382 20 30 70	www.taza.co.uk
Jaipur Spice	Easingwold	YO61 3F	01347 823370	www.jaipur-spice.com
Nizam Indian	East Grinste	RH19 3A	01342 323462	www.nizamindian.co.uk
Kinara	East Malling	ME19 6A	01732 808250	www.rubymurrays.co.uk
LalBagh	East Sheen	Sw14 7F	020 8878 0010	www.lalbaghrestaurant.co.uk
Bay Leaves	Epsom	KT19 0D	020 8786 7788	www.bay-leaves.co.uk
Khans Epsom	Epsom	KT17 4C	01372 723 316	www.thekhan.co.uk
Le Raj	Epsom Dow	KT17 3L	01737 371 371	www.lerajrestaurant.co.uk
Le Raj	Epsom Dow	KT17 3L	01737 371 371	www.lerajrestaurant.co.uk
Duet	Erdington	B24 9FD	0121 748 1234	www.duetcuisine.co.uk
Tiger Garden	Eton		01753 866310	www.tigergarden.co.uk
Nepalese Gurkha	Falmouth	TR11 3C	01326 311483	www.gurkhafalmouth.co.uk
Popadoms	Farnborough	GU14 9L	01252 376869	www.popadoms.com
Village Cuisine	Farnborough	BR6 7A	0800 9752055	www.villagecuisine.com
Zaffron	Farnborough	GU14 7F	01252 517070	www.zaffron.co.uk
Mumbai	Fernhurst	GU27 3J	01428 642075	www.mumbairestaurant.co.uk
Golden Triangle	Fleet	GU51 4E	01252 616352	www.goldentriangle-indiancuisine.co.uk
Kanchans	Gants Hill	IG2 6SH	020 8518	www.kanchansgroup.com
Aagrah	Garforth	LS25 1E	0113 2876606	www.aagrah.com
Spice Brasserie	Garston	L19 2NJ	0151 427 1010	www.spicebrasserie.co.uk
Last Days at Raj	Gateshead	NE9 5HY	0191 4826494	www.thelastdaysoftheraj.co.uk
Maliks	Gerrards Cro	SL9 8BF	01753 880888	www.maliks.co.uk
Alishan Tandoori	Glasgow	G42 9HU	0141 632 5294	www.alishantandoori.co.uk
Balbirs	Glasgow	G11 5JF	0141 3397711	www.balbirsrestaurants.co.uk
Balbirs Rout 77	Glasgow	KA1 5PV	01563 830240	www.balbirsrestaurants.co.uk
Balbirs Saffron	Glasgow	G41 3YF	0141 6328564	www.balbirsrestaurants.co.uk
Balbirs Tiffin	Glasgow	G3 7PQ	0141 2213696	www.balbirsrestaurants.co.uk
Balti Club	Glasgow	G3 6HA	0141 3325495	www.balticlub.co.uk
Charcoals	Glasgow	G2 1LU	0141 221 9251	www.charcoals.co.uk
Dhabba	Glasgow	G1 1LE	553 1249	www.thedhabba.com
India Quay	Glasgow	G3 8HE	0141 221 1616	www.indiaquay.com
Kama Sutra	Glasgow	G2 3HW	0141 3320055	www.kamasutrarestaurants.com
Killermont Polo Club	Glasgow	G20 0AE	0141 9465412	www.killermontpoloclub.com
KoolBa	Glasgow	G1 1NP	0141 55 22 777	www.koolba.com
Mister Singhs	Glasgow	G3 7JR	0141 221 1452	www.mistersinghsindia.com
New Turban	Glasgow	G46 6UF	0141 638 9635	www.newturban.com
Shish Mahal	Glasgow	G4 9JF	3347899	www.shishmahal.co.uk
Spice of life	Glasgow	G3 8TL	08001953195	www.thecurryplace.com
Taste of India	Gloucester	GL1 3AC	01452 300772	www.tasteofindiaonline.co.uk
Days of the Raj	Gosforth	NE3 2HF	0191 284 9555	www.thedaysoftheraj.co.uk
India Palace	Gravesend	DA13 0L	01474 812088	www.india-palace.co.uk
Kohinoor Spice	Gravesend	DA13 9J	01474 320777	www.kohinoorspice.co.uk

Meopham Tandoori	Gravesend	DA13 0A	01474 812200	www.meophamtandoori.com
Bilash Indian	Grays	RM17 5F	01375 390777	
Basmati	Great Barr	B43 7AC	0121 358 8898	www.basmatirestaurant.co.uk
Punjabi Kitchen	Greenfod	UB6 85H	020 8578 7621	www.punjabikitchen.co.uk
Greenford Tandoori	Greenford	UB6 9B	020 8578 3505	www.greenfordtandoori.co.uk
Elaichi	Grove	OX12 7J	01235 772010	www.elaichi.co.uk
Holy Cow	Hammersmit	W6 0RX	020 8748 8989	www.holycowonline.com
Harlow Tandoori	Harlow	CM20 1E	01279 639 425	www.harlowtandoori.co.uk
Blue Ginger	Harrow	HA3 0XS	020 8909 0100	www.bgrestaurant.com
Mumbai Junction	Harrow	HA1 3TU	020 8904 2255	www.mumbaijunction.co.uk
Pradips	Harrow	HA3 8AZ	020 8909 2232	www.pradipsweet.co.uk
Pradips Veg	Harrow	HA3 8AZ	020 89092232	www.pradipsweet.co.uk
Sakonis 1	Harrow	HA1 2TF	020 8863 3399	www.sakonis.co.uk
Sri Rathiga	Harrow	HA1 2TY	0208 863 8822	www.srirathiga.com
Nupur Indian	Hassocks	BN6 9P	01273 833156	www.nizamindian.co.uk
Hatfield Tandoori	Hatfield	AL10 0L	01707 265977	www.hatfieldtandoori.co.uk
Grapes Tandoori	Hayes	UB4 0SA	020 8569 1911	www.GrapesTandoori.com
Nizam Indian	Haywards H	RH164L	01444 457527	www.nizamindian.co.uk
K2 Balti	Hemel Hemp	HP3 9BZ	01442 239993	www.k2baltihouse.co.uk
Valley Connection 30	Hexham	NE46 3N	01434 601234	www.valleyrestaurants.co.uk
Balti House Bristol	Hockley	NG1 3A	0115 947 2871	www.thebaltihouse.com
Hook Tandoori	Hook	RG27 9H	01256 764 844	www.hooktandoori.co.uk
Ashoka	Hove	BN3 2B	01273 202112	www.ashoka-restaurant.co.uk
Everest Inn	Hythe	CT21 5A	013 0326 9898	www.everestinn.co.uk
Darjeeling Tandoori	Ickenham	UB10 8L	01895 679 300	www.darjeelingtandoori.com
London Darbar	Ilford	IG1 4LU	020 8518 3533	www.londondarbar.com
Baburchi	Ipswich	IP1 3LD	01473 217 786	www.baburchi.co.uk
Eastern Spice	Ipswich	IP4 4EL	01473 727050	www.eastern-spice.co.uk
Cinnamon Lounge	Isleworth	TW7 6A	020 8560 8995	www.cinnamonisleworth.co.uk
Mister Singhs	Johnstone	PA5 8YS	0141 204 0186	www.mistersinghsindia.com
Kushboo	Kettering	NN15 5L	01536 722900	www.kushboo.co.uk
Rara	Kew	TW9 3L	020 8332 1020	www.rara-kew.co.uk
Roz Ana	Kingston	KT2 7NF	020 8646 6388	www.roz-ana.com
Al-Almin	Kingston Up	KT1 3NC	020 85471412	www.al-aminkingston.com
Deea	Kingston up	KT2 5BZ	020 8974 5388	www.deea.co.uk
Delhicious	Lancaster	LA1 1	01524 844444	www.delhicious.com
Akbars Eastgate	Leeds	LS2 7LY	0113 245 6566	www.akbars.co.uk
Akbars Greek	Leeds	LS1 5RU	0113 242 5426	www.akbars.co.uk
Lahore Delibar	Leeds	LS3 1JP	01132 444441	www.mylahore.co.uk
Sheesh Mahal	Leeds	LS7 4LA	0113 237 4035	www.sheeshmahal.co.uk
Sheesh Mahal Azr	Leeds	LS4 2DS	230 4161	www.sheeshmahal.co.uk
Spice Quarter	Leeds	LS2 3AD	0113 246 9241	www.spicequarter.co.uk
Chennai Dosa LC	Leicester	LE4 5AS	0116 251 2121	www.chennaidosa.com

Dylans	Leicester	LE2 5 D	0116 2711234	www.dylansrestaurant.co.uk
Indigo	Leicester	LE4 7SN	0116 2661129	www.indigos.co.uk
Jungle Club	Leicester	LE4 5EF	0870 0556 767	www.jungleclub.co.uk
Spices	Leicester	LE3 2JZ	0800 9526526	www.spicesrestaurants.com
Mughal Dynasty	Leigh on Sea	SS9 2SC	01702 470443	www.mughaldynasty.co.uk
Taj Mahal	Leigh on Sea	SS9 1JN	01702 711006	www.the-tajmahal.co.uk
Deshi Spice	Lewisham	SE13 6T		www.deshi-spice.co.uk
Madhuban Tandoori	Liss	GU33 7A	01730 893363	www.madhubanrestaurant.co.uk
Arong Tandoori	Liverpool	L22 5PC	0151 284 8786	www.arong.co.uk
Asiana	Liverpool	L12 7 HZ	0151 226 6511	www.asianaindiancuisine.co.uk
East Z East	Liverpool	L3 4BX	0151 707 9377	www.eastzeast.com
Indian Delights	Liverpool	L1 2SJ	0151 709 1722	www.indiandelightliverpool.co.uk
Sultans Palace	Liverpool	L01 6DE	0151 227 9020	www.sultans-palace.co.uk
Asha Balti	Llanrwst	LL26 0L	01492 641910	www.asha-balti-house.co.uk
Bassmati	LocksHeath	SO31 6L	01489 575556	www.basmatigroup.co.uk
Indian Ocean	Luton	LU3 3BF	01582 848383	www.indianoceanluton.com
Red Chilli	Luton	LU1 5AF	01582 480055	www.theredchillirestaurant.com
Evening Spice	Madeley	CW3 9D	01782 750088	www.eveningspice.co.uk
Mango House	Magor	NP26 3H	01633 882 655	www.mangohouse.co.uk
Mughal Dynasty	Maidstone	ME16 8C	01622 763360	www.mughaldynasty.com
Shamrat Indian	Maidstone	ME15 6L	01622 764961	www.shamrat.co.uk
Bengal Cottage	Mansfield	NG20 0F	01623 84 34 99	www.bengalcottage.co.uk
Tiger Garden Station	Marlow		01628 482020	www.tigergarden.co.uk
Tiger Garden West	Marlow	SL7 2LS	01628 482211	www.tigergarden.co.uk
Akbars	Middlesbrou	TS1 3RF	01642 244 566	www.akbars.co.uk
Calcutta Brasserie	Milton Keynes	MK11 1L	01908 566 577	www.calcuttabrasserie.co.uk
Chak89	Mitcham	CR4 3H	08432 899389	www.chak89.com
Spice Club	Moretonm	CH46 6L	0151 606 8666	www.magicspices.co.uk
Sweet Chillies	Moseley	B13 0JE	0121 443 2737	www.sweetchillies.co.uk
Jaipur	Newbury	RG14 5D	01635 47077	www.newbury.net/jaipur.htm
Akbars	Newcastle	NE1 4DF	0191 232 3234	www.akbars.co.uk
Days of the Raj	Newcastle U	NE3 2HF	0191 284 9555	www.thedaysoftheraj.co.uk
Valley Junction 397	Newcastle U	NE2 1DF	0191 2816397	www.valleyrestaurants.co.uk
Juboraj Newport	Newport	NP20 1L	01633 262646	www.juborajgroup.com
Raj Balti	Newport Pag	MK16 8F	01908 617771	www.the-raj.co.uk
Mach	North Greetv	LN2 4RA	01522 75 44 88	www.machrestaurant.co.uk
Red Klove	Northwood	HA7 4JN	01923 833 500	www.redklove.co.uk
Namaste	Norwood Hil	HA6 1LL	01923 840 157	www.namastelounge.com
Balti House	Nottingham	NG1 3A	9472871	www.thebaltihouse.com
Cumin	Nottingham	NG1 6B	0115 941 9941	www.thecumin.co.uk
Simla	Nottingham	Ng16 2L	0115 9459350	www.simlarestaurant.co.uk
Agra Palace	Nuneaton	CV11 5D	02476 350515	www.agrapalace.com
Raj Lodge	Old Harlow	CM17 0L	01279 626119	www.rajlodge.co.uk

British Raj	Old Windsor	SL4 2RQ	01753 831234	www.britishraj.co.uk
Westwood East	Oldham	OL1 2NF	0161 6210101	www.westwoodeast.co.uk
Barabar	Orpington	BR5 1LA	01689 823322	www.barabar.co.uk
Red Pepper	Otley	LS21 3AF	01943 461 133	www.redpepperrestaurants.co.uk
Miahs	Pangbourne		0118 9843731	www.miahs.co.uk
Indian Essence	Pettstwood	BR5 1LQ	07809 724 350	www.indianessence.co.uk
Bassmati	Petworth	GU28 0AF	01798 343414	www.basmatigroup.co.uk
Café Indiya	Plymouth		01752 565600	www.cafeindiya.co.uk
Mowchak Tandoori	Portsmouth	PO6 1PA	023 92375007	www.mowchak.co.uk
East Z East	Preston	PR1 3BC	01772 200084	www.eastzeast.com
Aagrah	Pudsey	LS28 8EF	01274 668818	www.aagrah.com
Aagrah Leeds	Quarry Hill	LS9 8AF	0113 2455 667	www.aagrah.com
Bengal Cottages	Reading	RG31 5HF	0118 9672710	www.bengalcottage.co.uk
Chennai Dosa RD	Reading	RG1 3AF	0118 957 5858	www.chennaidosa.com
Curry to Go	Reading	RG7 5AF	0118 930 4040	www.currytogo.com
Garden of Gulab	Reading	RG6 1JL	0118 9667979	www.miahs.co.uk
Haweli Indian	Reading	RG10 9L	0118 9320939	www.hawelitwyford.co.uk
Miahs Garden of Gulab	Reading	RG7 1AF	0118 9667979	www.miahs.co.uk
Pangbourne Tandoori	Reading	RG8 7LY	0118 9843731	www.miahs.co.uk
Spice Oven	Reading	RG4 8AF	0118 9481000	www.spiceoven.co.uk
Curry Garden	Ringwood	BH24 1X	01425 475075	www.currygarden.com
Bekash	Romford	RM1 2L	01708 737841	www.bekashromford.co.uk
Akbars	Rotherham	S61 2NF	01709 555 500	www.akbars.co.uk
Paprika	Royal Leamington Spa	CV32 5EF	01926 428272	www.paprikaclub.co.uk
Bombay Tandoori	Rugby	CV21 3FF	01788 550101	www.bombaytandoori.co.uk
Titash	Rugby		01788 574433	www.titash.co.uk
Royal Jaipur	Salisbury		01794 390008	www.royaljaipur.co.uk
Megna	Scunthorpe	DN15 7FF	01724 281289	www.megna.co.uk
Banana Leaf	Seven Oaks	TN13 3UL	01732 46 5846	www.bananaleafcuisine.com
Raj Bari	Sevenoaks	TN13 1D	01732 743315	www.rajbari.co.uk
Aagrah	Sheffield	S1 2JG	0114 279 5577	www.aagrah.com
Chutney	Sheffield	S12 3GC	011 4264 7400	www.chutneysheffield.co.uk
Cutlers Spice	Sheffield	S14 1SF	0114 241 6868	www.cutlersspice.co.uk
Delhi Junction	Sheffield	S17 3LF	0114 2620675	www.delhijunction.co.uk
Everest Tandoori	Sheffield	S8 0RL	0114 2582975	www.everest-restaurant.co.uk
Kashmiri Aroma	Sheffield	S8 0SF	01142 587780	www.kashmiriaroma.com
Zaras	Sheffield	S10 1TH	0114 266 0097	www.zarasrestaurant.com
Aagrah	Shipley	BD18 3CF	01274 530880	www.aagrah.com
Moghul	Sidcup	DA14 6NF	020 8300 2540	www.themoghul.co.uk
Moghul Tandoori	Sidcup	DA14 6NF	0208 300 2540	www.themoghul.co.uk
Oval Brasserie	Sidcup	DA15 9EF	020 83080273	www.theovalbrasserie.co.uk
Achari	Sipson		0208 476 1100	www.achari.co.uk
Aagrah	Skipton	BD23 2L	01756 790807	www.aagrah.com

Agra Indian	Sleaford	NG34 7E	01529 414162	www.theagra.co.uk
Akash Tandoori	Slough	SL1 7JD	01628 666 601	www.akashtandoori.net
Baylis House	Slough	SL1 3PE	01753 555555	www.baylishouse.co.uk
Rajnagar	Solihull	B92 7QV	0121 7424842	www.rajnagar.com
Planet Spice	South Croyd	CR2 8JT	020 8651 3300	www.planet-spice.com
Brilliant	Southall	UB2 5D	0208 5741928	www.brilliantrestaurant.com
Brilliant	Southall	UB2 5D	0208 5741928	www.brilliantrestaurant.com
Chini Chor Southhall	Southall	UB1 1R	020 8574 1807	www.chinichor.com
Choudhrys T K C	Southall	UB1 1LF	020 8571 5738	www.tkcgroup.com
Giftos Lahore Karahi	Southall	UB1 1N	020 8813 8669	www.gifto.com
Mehfil	Southall	UB2 4A	020 8606 8811	www.mehfil.co.uk
Mehfil	Southall	UB2 4A	020 8606 8811	www.mehfil.co.uk
Moti Mahal	Southall	UB1 1Q	020 85719443	www.motimahhal.co.uk
Palm Palace	Southall	UB1 1R	020 8574 9209	www.palmpalace.co.uk
Punjabee	Southall	UB1 1Q	0208 571 0735	www.punjabee.co.uk
Roshni	Southall	UB1 1S	020 8574 3721	www.roshnis.com
Tandoori Kebab	Southall	UB1-1L	85715738 8574	www.tkcgroup.com
Coriander Lounge	Southampto	SO14 2E	023 8071 0888	www.corianderlounge.com
Kohinoor of Kerala	Southampto	SO17 2V	023 8058 2770	www.kohinoorofkerala.co.uk
Natraj Balti	Southampto	SO15 2E	023 8036 6344	www.natrajbalti.co.uk
Miahs	Spencers W		0118 9888394	www.miahs.co.uk
Moghul Premier	St Annes on		01253 712114	www.moghultandoori.co.uk
P R Massala	St Ives	PE27 5A	01480 493222	www.prmassala.co.uk
Spice Rack Lounge	Stanmore	HA7 4A	020 8954 6374	www.spiceracklounge.com
Spice Rack Lounge	Stanmore	HA7 4A	020 8954 6374	www.spiceracklounge.com
Kama Sutra	Stirling	FK8 2DS	01786 448 460	www.kamasutrarestaurants.com
Deeba	Stockport	SK12 1C	01625 879885	www.deeba.co.uk
Harappa	Stockport	SK1 3Q	0161 477 6757	www.harapparestaurant.co.uk
Jolsha	Stockton On	TS20 1A	01642 559500	www.jolsha.co.uk
Royal Bengal	Stockton on	TS18 1D	01642 674331	www.royalbengalonline.co.uk
New Shad	Stroo Roche	ME2 4H	01634 735472	www.newshad.co.uk
Indiaan Zest	Sunbury On	TW16 5C	01932 765000	www.indianzest.co.uk
Shimla Mirch	Sutton	SM1 1P	020 8770 2170	www.shimlamirch.co.uk
Kababish	Sutton Coldf	B73 5XF	0121 355 5062	www.kababish.co.uk
Regards	Sutton Coldf	B73 5UE	0121 355 1775	www.regardsrestaurant.com
Govindas	Swansea	SAI	07967 636485	www.iskcon.org.uk/swansea
Juboraj	Swansea	SA1 1D	01792 649944	www.juborajgroup.com
Biplob Tandoori	Swindon	SN1 4A	01793 490265	www.biplob.co.uk
Ganges	Swindon	SN4 7A	01793 848288	www.ganges.co.uk
Jewel in the Crown	Swindon	SN1 3A	01793 522687	www.jewelinthecrown.co.uk
Aagrah	Tadcaster	LS24 8E	01937 530888	www.aagrah.com
Mint and Mustard	Taunton	TA1 1N	01823 330770	www.mintandmustard.com
Prem	Teddington	TW11 8F	020 8943 1600	www.premrestaurant.co.uk

Rajshahi	Tewkesbury	GL20 5J	01684 273727	www.rajshahi.co.uk
Zaras	Tickhill	DN11 9F	01302 744122	www.zarasrestaurant.co.uk
Red Chilli	Toddington	LU5 6BF	01525 874918	www.theredchillirestaurant.com
Turmeric Gold	Tonbridge	TN11 0N	01732 361 772	www.turmericgold.com
Chennai Dosa TB	Tooting Bec	SW17 7	0208 672 7977	www.chennaidosa.com
Jewels	Townhill Wa	SO18 3F	023 80466400	www.jewelsrestaurant.co.uk
Junahki	Tunbridge	TN4 9TT	01892 615200	www.junahki.com
Atithi	Twickenham	TW1 3J	020 8744 3868	www.atithi-indiancuisine.com
Sheesh Mahal	Twickenham	TW1 3S	020 8892 3303	www.sheesh-mahal.co.uk
Nizam Indian	Uckfield	TN22 2E	01825 749789	www.nizamindian.co.uk
Pundits	Upton Upon	WR8 0H	01684 591 022	www.pundits-upton.co.uk
Adrak	Urmston	M41 5AL	0161 748 7614	www.adrak.co.uk
Darjeeling Tandoori	Uxbridge	UB10 8L	01895 679300	www.darjeelingtandoori.co.uk
Spice Merchant	Uxbridge	UB8 1Q	01895 252925	www.spicemerchantgroup.com
Aagrah	Wakefield	WF1 5N	01924 242222	www.aagrah.com
Kashmiri Aroma	Wakefield	WF1 2U	01924 373223	www.kashmiriaroma.com
Magic Spices	Wallasey	CH45 1H	0151 691 1919	www.magicspices.co.uk
Delhi Brasserie	Wallingford	OX10 0E	01491 824597	www.delhibrasserie.co.uk
India Dining	Warlingham	CR6 9N	1883 625 905	www.indiadining.co.uk
New Shapla	Watford	WD24 6	01923 224224	www.newshaplawatford.com
Prince of Bengal	Watford	WD17 3	01923 253676	www.thepob.co.uk
Chennai Dosa WB	Wembley	HA0 2A	020 8782 8822	www.chennaidosa.com
Chennai Dosa WM	Wembley	HA0 2D	020 8782 2222	www.chennaidosa.com
Clay Oven	Wembley	HA0 4LV	020 8903 8800	www.theclayoven.co.uk
Clay Oven Banquet	Wembley	HA0 4LV	020 89038800	www.theclayoven.co.uk
Palm Beach	Wembley	HA0 4A	020 8900 8664	www.palmbeachuk.com
Rim Zim	Wembley	HA9 0EV	020 8900 2828	www.rimzim.com
Sakonis 2	Wembley	HA0 4B	020 8903 1058	www.sakonis.co.uk
Sarashwathy Bavans	Wembley	HA0 2D	020 8902 1515	www.sarashwathy.com
Saravanaa Bhavan	Wembley	HA0 4TL	0208 900 8526	www.saravanabhavan.co.uk
Sukonis	Wembley	HA0 4B	020 8903 1058	www.sakonis.co.uk
Tulsi	Wembley	HA0 4TL	0208 900 8526	www.tulsirestaurant-bar.com
Chennai Dosa WC	West Croydc	CR0 2R	020 8665 9192	www.chennaidosa.com
Blue Bengal	West Wickha	BR4 0LT	020 8777 7200	www.bluebengalrestaurant.co.uk
Basmati Westergate	Westergate	PO20 3U	01243 543400	www.basmatigroup.co.uk
Kinara	Westerham	TN16 1F	01959 562125	www.rubymurrays.co.uk
Tulsi	Westerham	TN16 1E	01959 563397	www.tulsirestaurant-bar.com
Baba Indian	Wherrytown	TR18 4N	01736 330777	www.babatruro.co.uk
Masala Lounge	Winchmore	N21 2AX	0208 360 4247	www.masalaloungerestaurant.co.uk
Viceroy Tandoori	Windsor	SL4 3BF	01753 858005	www.viceroyofwindsor.co.uk
Café Zeera	Wing Bucks	LU7 0NE	01296 688810	www.cafezeera.co.uk
Salma	Wingham	CT3 1AE	01227 720256	www.salma-restaurant.co.uk
Heswall Tandoori	Wirral	CH60 7F	0151 342 8614	www.heswalltandoori.com

Kerala Kitchen	Wirral	CH42 8F	01512011121	www.keralakitchen.co.uk
Vindaloo Indian	Wirral	CH42 8F	0151 609 0666	www.vindaloorestaurant.co.uk
Thali Thali	Woking	GU21 5A	01483 755210	www.thali-thali.co.uk
Sultan Balti Place	Wokingham	RG40 1A	0118 9774397	www.sultanpalace.co.uk
Bilash Tandoori	Wolverhamp	Wv1 1TU	01902 427762	www.bilash-tandoori.co.uk
Featherstone Farm	Wolverhamp	WV10 7L	01902 725371	www.featherstonefarm.co.uk
Standard	Wolverhamp	WVI 3HT	0871 7179132	www.standardrestaurant.co.uk
Coriander	Woodford	IG8 7QF	020 8505 6687	www.templefusion.com
Raaza	Woodford G	IG8 0XQ	020 8505 8999	www.razzarestaurant.co.uk
Viraaaj	Woodseats	S8 0SL	0114 2509066	www.viraaaj.co.uk
Tandoori Woolston	Woolston	SO19 7F	02380 441 900	www.tandoori.uk.com
Ganges	Wooten Bas		01793 848288	www.ganges.co.uk
Meghna	Worcester P	KT4 8EC	020 8337 3917	www.meghnarestaurant.co.uk
Mahaan	Worthing	BN11 3D	01903 205449	www.mahaan.co.uk
Akbars	York	YO1 6LF	01904 679 8880	www.akbars.co.uk
Bengal Brass	York	YO26 6F	01904 788808	www.bengal-brasserie.com
Bengal Brasserie	York	YO1 2LV	01904 613131	www.bengal-brasserie.com
Jaipur Spice	York	Y031 8J	01904 673550	www.jaipur-spice.com
Jinnah	York	YO60 7S	01904 468202	www.jinnah-restaurants.com
Jinnah Haxby	York	YO3 3HI	01904 758864 7	www.jinnah-restaurants.com
Jinnah Micklegate	York	YO1 6LE	01904 659999 6	www.jinnah-restaurants.com
Jinnah Monkgate	York	YO31 7F	01904 622 670	www.jinnah-restaurants.com